

Being Proud to Be You

Celebrating Individual Liberty
KS2 Assembly

I can be me. You can be you.



The Big Idea

Individual liberty = freedom to make choices, safely and respectfully.

Freedom

+

Responsibility

We can choose our interests, beliefs, friendships, ideas and goals.

But our choices must not stop others being safe, respected or included.

Your freedom matters. So does everyone else's.

Stand Up If...

A quick warm-up to show we are all brilliantly different.

- you like football

- you enjoy reading

- you prefer dogs to cats

- you like drawing

- you have a favourite food others might not like

- you speak another language at home

Look around: every choice tells a tiny part of our story.

Watch & Wonder

A short KS2-friendly video link for individual liberty.



▶ [Click here for the Oak National Academy lesson video](#)

While watching, listen for...

1. What choices are we free to make?
2. Why do freedoms need responsibilities?
3. How can we help others be themselves?

Tip: use the first 2–3 minutes, or set it as a follow-up in class.

Source: Oak National Academy — Individual liberty lesson

The Puzzle Piece Story

A community works because every piece is different.



A puzzle only works because every piece is different.

Our school community is the same. We all bring different strengths, personalities, interests, cultures, talents and dreams.

Different is not a problem. Different is the point.

What Individual Liberty Looks Like

Everyday examples pupils can recognise.

Choose clubs, books, games and hobbies that interest you

Share ideas and opinions respectfully

Explore talents, cultures, languages and beliefs

Set goals and learn from mistakes

Express yourself without putting others down

Freedom comes with responsibility.

The Courage to Be Yourself

Sometimes the bravest choice is the honest one.

“If you are always trying to be normal, you will never know how amazing you can be.”

Often attributed to Maya Angelou

Why might someone try to “fit in” instead of being themselves?

Your differences are strengths, not weaknesses.

Scenario 1: The Club Choice

Pause, think, then turn to someone nearby.



Amira wants to join the football club. Her friends say, “That club is not really for you — come to choir with us instead.”

What should Amira do? What should her friends do?

Think about: choice, confidence, kindness, and how friends can disagree without pressure.

Freedom + Responsibility

Scenario 2: The Playground Game

Pause, think, then turn to someone nearby.



Jay invents a new game at break. Some children want to join, but Jay keeps changing the rules so only his best friend can win.

Is Jay using his freedom fairly?

Individual liberty is not “I can do anything I want.” Rules help everyone enjoy freedom safely.

Freedom + Responsibility

Scenario 3: Expressing Yourself Online

Pause, think, then turn to someone nearby.



Nia posts, “I do not like that song.” Someone replies, “You are wrong and your taste is rubbish.”

How could both people express opinions respectfully?

You can have your own view without being unkind. Online words should still show respect.

Freedom + Responsibility

Reflection Activity

A quiet minute to think about what makes you uniquely you.

Finish one sentence in your head:

I am proud to be me
because...

You do not have to say it out loud. Just know
it is true.

There is only one you in the whole world.



Our School Pledge

We will be proud of who we are.
We will respect who others are.
We will use our freedom kindly.

Be proud to be you —and help others be proud too.

