

PSHE

Personal, social, health and economic

Jigsaw consists of six half-term units of work (Puzzles), each containing six lessons (Pieces) covering each academic year.



1. Being Me in My World

Includes lessons on Self-Identity, Group Identity, Responsibilities, Consequences, Teamwork and introduces the Jigsaw Charter.

4. Healthy Me

Includes lessons on Drugs and Alcohol Education, Self-Esteem and Confidence as well as Healthy Lifestyle choices.

2. Celebrating Difference

Includes lessons on Similarity & Difference, Bullying, Stereotyping, Racism, Discrimination and Celebrating Differences and Individuality.

5. Relationships

Includes lessons on
Friendship, Family and other
Relationships, Conflict
Resolution, Communication,
Loss and Bereavement.

3. Dreams and Goals

Includes lessons on Aspirations, Goals, Challenges, Teamwork, Resilience, Jobs and Careers and Simple Budgeting.

6. Changing Me

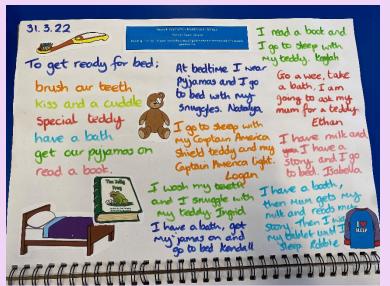
Includes lessons on Coping Positively with Change, Puberty, Environmental and Life Cycles (includes Human Reproduction).

Reception

Term 1: Being me in my world



Term 4: Healthy me



Term 2: Celebrating differences



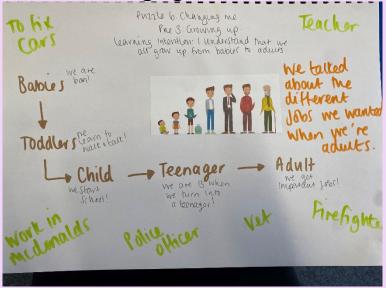
Term 5: Relationships



Term 3: Dreams and Goals



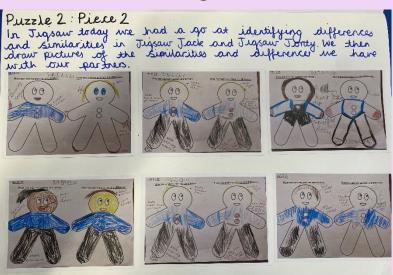
Term 6: Changing me



Term 1: Being me in my world



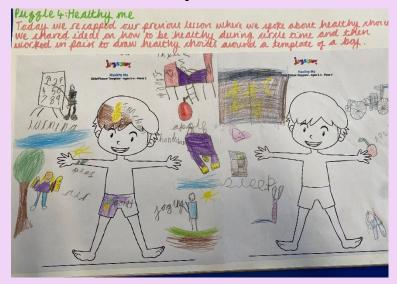
Term 2: Celebrating differences



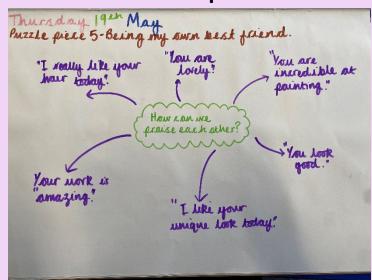
Term 3: Dreams and Goals



Term 4: Healthy me



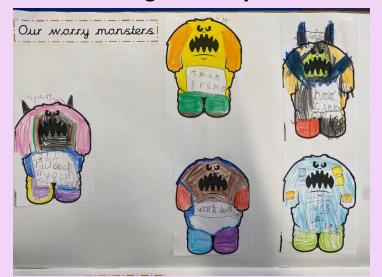
Term 5: Relationships



Term 6: Changing me



Term 1: Being me in my world



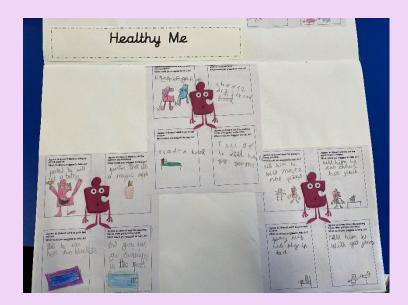
Term 2: Celebrating differences



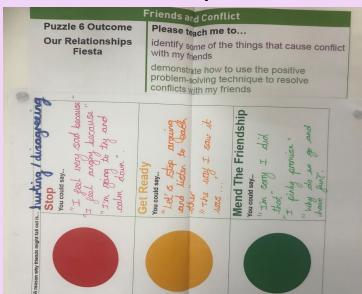
Term 3: Dreams and Goals



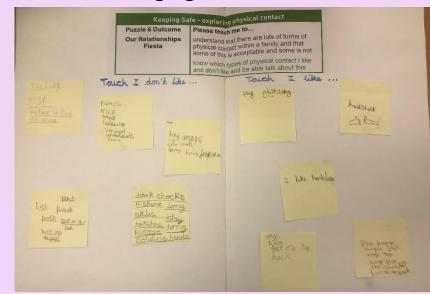
Term 4: Healthy me



Term 5: Relationships



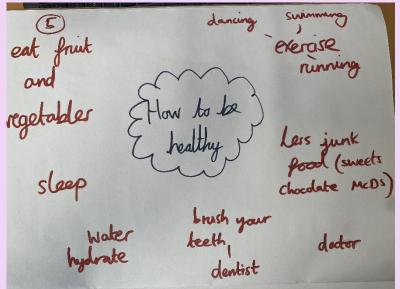
Term 6: Changing me



Term 1: Being me in my world



Term 4: Healthy me



Term 2: Celebrating differences



Term 5: Relationships

| T | | at home - | Discussion |
|-----------------|------------------------------|------------|------------------------|
| Term 5 | Men | Women | Either |
| | Wash the | Washing up | Either walking the dog |
| | Mow the | Hanging up | Decorate |
| D . | lown | washing | Cooking |
| K a Lationships | Mending a | Dusting + | - 1 |
| Relationships | leaky tap | Sweeping. | Tidying up |
| | building a woll | Ironing | bathing a |
| | | | baby |
| | | | Weeding |
| | | | garden |
| * " | Decided by majority Vote. | | |
| | | | |
| | After discussion-Anyone can | | |
| | do all of those jobs. | | |
| | | | |

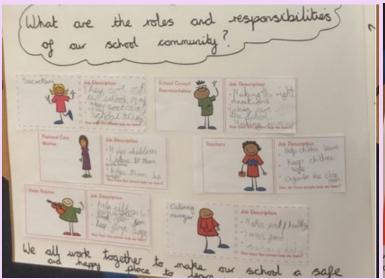
Term 3: Dreams and Goals



Term 6: Changing me

| 0 0 | | |
|---------------------------|---|--|
| Babies | | |
| Puzzle 6 Outcome | Please teach me to | |
| Tree of Change Display | understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow | |
| | express how I might feel if I had a new baby in my family | |
| | | |

Term 1: Being me in my world



Term 2: Celebrating differences



Term 3: Life skills

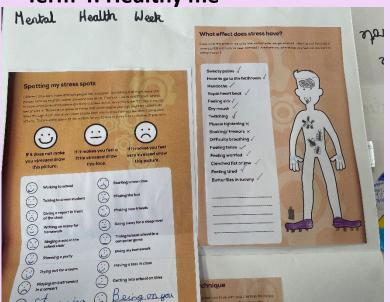
PSHE Term 3

This term we have been following the Life Skills program written for Barnardos which is lasts for nine weeks.

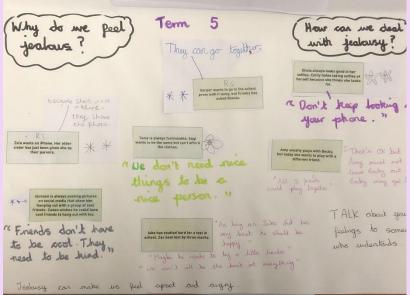
Life Skills is a highly evidence based early intervention and prevention programme that improves children's emotional health and well-being in schools. Life Skills promotes resilience through the development of emotional literacy, critical thinking, problem solving, healthy relationships and strategies to prevent risk taking behaviour.

We have been spending one hour each week learning, discussing and completing activities in our own training magazines.

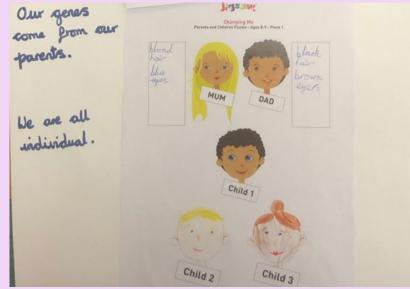
Term 4: Healthy me



Term 5: Relationships



Term 6: Changing me



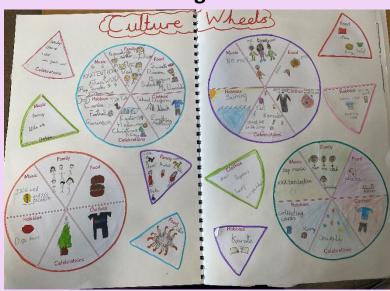
Term 1: Being me in my world



Term 4: Healthy me



Term 2: Celebrating differences



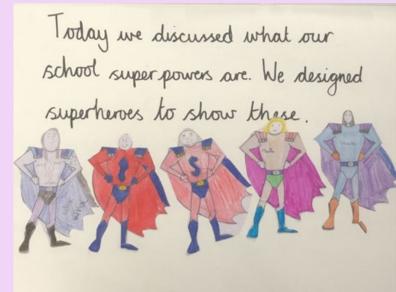
Term 5: Relationships



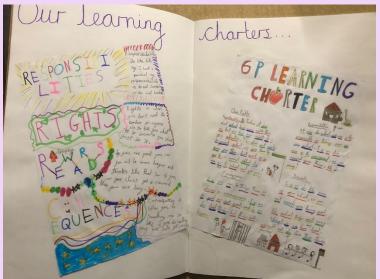
Term 3: Dreams and Goals



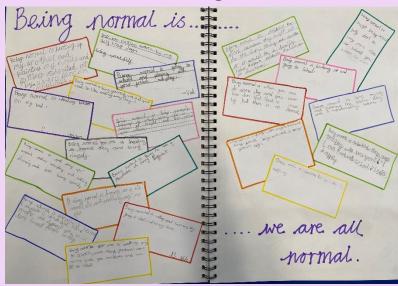
Term 6: Changing me



Term 1: Being me in my world



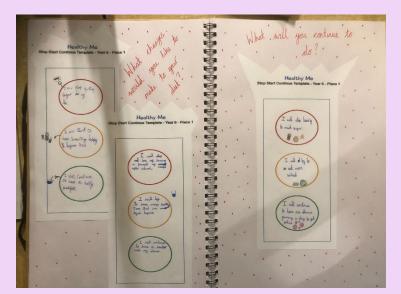
Term 2: Celebrating differences



Term 3: Dreams and Goals



Term 4: Healthy me



Term 5: Relationships



Term 6: Changing me



Jigsaw Friends

