



## **Park and Parkwall Primary Federation PSHE Policy**

**Working together to empower children to become  
aspirational, global citizens**

This version dated	Summary of changes	Next review date
September 2022	Remove Covid-19 amendment	September 2024

## **Rationale**

At the Park and Parkwall Federation we are committed to developing children as healthy, independent and responsible members of society who understand their rights and responsibilities towards themselves, others in school, the local and global community. We are committed to developing children's awareness of their thoughts and feelings as they happen, in the moment, on purpose and with no judgement so that they have the skills and understanding to make informed choices.

## **Aims**

- To develop self-confidence and self-esteem
- To know and understand what constitutes a healthy lifestyle
- To know how to keep themselves safe
- To understand and develop good relationships with other members of the school and the wider community respecting the differences between people
- To be independent and responsible members of the school and global community
- To be positive and active members of a democratic society
- To make informed choices regarding personal and social issues

## **Guidelines**

We use the 'Jigsaw – The Mindful Approach to PSHE' Scheme to deliver PSHE across the school including the Early Years.

There are 6 units of work, each with two learning intentions

1. Learning intention specific to PSHE covering the non-statutory national framework for PSHE
2. Learning intention based on Emotional Literacy and Social Skills

Each year group studies the same unit at the same time allowing for themes to be shared and celebrated by the whole school.

The 6 puzzles:	Unit	What it includes
Term 1	Being Me in My World	Includes understanding my place in the class, school and global community as well as devising Learning Charters)
Term 2	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and diversity work
Term 3	Dreams and Goals	Includes goal-setting, aspirations, working together to design and organise fund-raising events
Term 4	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices
Term 5	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills
Term 6	Changing Me	Includes Sex and Relationship Education in the context of looking at change

## **Equalities Impact Statement**

- The contents of this policy have been considered in relation to the Equalities Act 2010.

## **Associated documents**

- To be read in conjunction with Sex and Relationship Education Policy